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New England University Sells Insurance to Fund Scholarships

By Nora Lockwood Tooher, Providence Journal-Bulletin, R.I. Knight-Ridder/Tribune **News Service**

BRISTOL - In what it proclaims as a nationwide first, Roger Williams University has started its own insurance agency to raise money for student scholarships.

The brainchild of businessman Ralph Papitto, chairman of the university's board of trustees, the university's insurance agency in Providence sells automobile, fire and homeowners' insurance, as well as life and health and workers' compensation insurance.

The agency, called Academic Employees Insurance Co., also sells employee benefit plans, and financial investments such as annuities and 401(k) plans.

The insurance is being sold to individuals and businesses with a tie to the university, including staff, faculty, alumni and trustees. The university is also insured through the plan.

Chairman and chief executive of AFC Cable Systems in Providence, Papitto said his own company was one of the first customers, signing up for fire and property and casualty insurance.

All profits from the agency will be turned over to the university to provide scholarships for needy students, Papitto said.

"It's a win-win," Papitto said. Papitto, who has been chairman of the university's board of trustees for about 10 years, said the university is constantly seeking new sources of income.

Once the university decided to start a profit-making business, Pappito said that he thought of insurance because of his interest in finance and financial services.

"It's something almost every adult buys - either for their auto, home or business," he said.

The university's two-person agency opened last May on Washington Street in Providence.

James Horton, manager of AEICO, said he hopes it will be profitable by next year.

"What Roger Williams University has done is they have created a way for people to benefit a worthy cause through the traditional purchase of insurance," he said. "I just find that very unique."

University president Anthony Santoro said he believes Roger Williams is the first university in the country to open its own insurance agency.

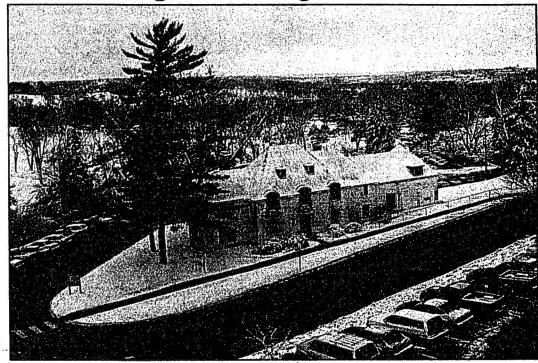
Jack Hoy, president of the New England Board of Higher Education, said he is not aware of any other college or university with an insurance agency.

Many colleges, however, have other profit-making businesses that help offset costs, such as conference facilities they rent out, or campus bookstores.

Larger universities, such as Harvard University and the Massachusetts Institute of Technology,

see INSURANCE, page 7

Going...Going...Gone?



This view from the Weber Fine Arts Building may soon undergo a radical change. The Criminal Justice Building would have to be razed if current plans for UNO residence halls go through.

Campus Security Officer Honored

by Wendy Townley

Campus Security Officer Louis (Pete) Marasco has been named UNO's Employee of the Month.

Marasco has been a campus security officer since his arrival at UNO in February of 1995.

"I was born in Omaha," Marasco said, "and have moved around the country for various jobs. Upon my return to Omaha three years ago is

when I got my job as a campus security officer."

Marasco is currently working the night shift at Campus Security, between 11 p.m. and 7 a.m.

Marasco said the reason for this late shift is that "it (the campus) is nice and quiet at this time. In the late night hours, there are occasional students and staff members on campus. It is our duty to make sure these people feel safe around campus at

In addition to checking on these students and staff, Marasco also checks the doors at the various campus buildings to ensure they are properly locked.

see AWARD, page 2

UNO Professor Art Homer Takes the Road Less Traveled

by Christine Kasel

Two roads diverged in a wood, and I -I took the one less traveled by, And that has made all the difference. - Robert Frost

If Art Homer had not taken his own "less road traveled" 15 years ago, the University of Nebraska at Omaha would be a poorer campus today. We might still hear the rhythms of his poetry, we'd find him cruising country back roads rather than walking the halls of the Del Weber Fine Arts building.

Today Homer is a successful professor, author and poet. He's published three collections of poems, "What we Did After Rain,"

"Tattoos" and "Such Valuable Glass." He's had numerous other works published in more

than 40 literary journals and collections, including Antaeus, Poetry, Missouri Review and Prairie Schooner, as well as the prestigious Pushcart. He chairs the Writer's Workshop and co-edits the literary journal Nebraska Review.

But he could just as easily been the guy who delivers the mail.

don't get paid for it.'

"Omaha's like one of those last places that somebody hasn't come in and made a scene out of."

"Mainly, I'm a poet." Although the bulk

Very few poets make any money, said

of his academic life is taken up with teaching, Homer has never lost his passion for poetry.

"It's an avocation, not a vocation. It's more than a hobby and not quite a job," he said, "because you

Despite the multiple hats, Homer is charm- Homer, and mentioned rare exceptions Allen Ginsberg and Gary Snyder. But he never questioned his chosen path. Only how he'd sup-

Like many kids growing up in California during the 1960's he had a light flirtation with music, but it didn't last.

"I wanted to be a guitar player, " mused Homer. "I didn't have the eye and hand coordination to be a good musician."

Homer described himself as less than a closet musician. "More like a garage musician," he explained and smiled, "and I never

see POET, page 2

UNO's Marasco **Awarded**

from AWARD, page 1

With these efforts as a Campus Security Officer, Marasco has won this award.

"I was surprised when I found out I won," Marasco

Along with being named Employee of the Month, Marasco will be provided a designated parking spot outside of the Student Center, a portrait, a plaque and a gift certificate. He will also be recognized for his achievements and service to UNO at the upcoming University of Nebraska Board of Regents meeting on Saturday, Dec. 16.

"Mr. Marasco is very deserving of the Employee of the Month award," Chancellor Nancy Belck said on Tuesday. "He helps make our campus safe and friendly by going the extra mile in serving our many publics. UNO is most fortunate to have Pete on our team!"

Homer's Odyssey Leads to Omaha

"That was the

same time I was

offered a rural

mail route. For a

moment it was

hard. It could've

been fun."

from POET, page 1

got out of the garage."

Homer always envisioned poetry in his life, eventually choosing a career both he and his passion could survive on. "I was going to school in the 60's, when there was alot more support (for poetry)," Homer said. "We always knew it wasn't going to last forever. I wanted to get a teaching job in order to support my writing."

After completing his graduate work, Homer started his search for full-time work. But the road was paved with imperma-

A teaching position at the University of Montana was followed by others at Tarkio College, Northwest Missouri State University, Missouri Western State College and Peru State College. He also served as editor for the Portland Review, CutBank and SmokeRoot Press. But Homer's patience with parttime employment was running

By 1981, his odyssey landed him at yet another part-time position at UNO. By then, Homer had made a decision about

teaching. "I thought if I had to do part-time jobs and really not make a living at it," Homer said, "I was going to quit."

Something far removed from teaching had caught his attention. "I had taken the postal exam," he explained, "I wanted to be a rural mail carrier." A rural mail carrier position appealed to him.

"I thought if I was a rural mail carrier driving around in the country all day," he said with a slight twinkle in his eyes, "I could tape all my thoughts and come home and write in the eve-

Homer envisioned his postal experiences, both mundane and more exotic, as food for his poetic appetite and mentioned the annual pheasant count for the Games and Parks Department.

"Rural mail carriers report how many pheas-

ants they see. "said Homer with a grin, "It sounded like

But then came a fork in his road.

UNO offered him a fulltime teaching position. "That was the same time I was offered a rural mail route. For a moment it was hard. It could've been fun."

Homer's near postal experience stayed with him.

Many poets have alter egos, he explained, and men-

tioned Weldon Kees, a Nebraskan. Kees, who according to Homer became sort of a cult figure on the West Coast, had an alter ego named Robinson. "Well," said Homer, "I wanted one."

Today, Homer's alter ego lives in the guy that

carries the rural mail. "I call him Bucky," Homer said with a laugh. "I didn't get a classy one."

Homer balances teaching and writing, but not without effort. His former teacher, Richard Hugo, warned him that teaching poetry all day might steal his zest for writing.

'You go home and feel you've done your bit for poetry," he said, "You just want to space out." Sometimes, it requires a real effort.

A regular dose of night life helps keep his poetic health in balance.

"My wife, Alison, and I go out and listen to bar bands." Homer especially like blues bands.

Thursday nights often find the two at Trovato's eating pesto-topped "green pizza," drinking chardonnay and listening to music. Homer has a deep appreciation for local talent.

"It's like going to a farmer's market and finding something that hasn't been sprayed or cosmetically enhanced," said Homer "There are some good players around."

The unspoiled nature of his adopted city charms Homer.

"Omaha's like one of those last places that somebody hasn't come in and made a scene out of." He has mixed feelings about its growth.

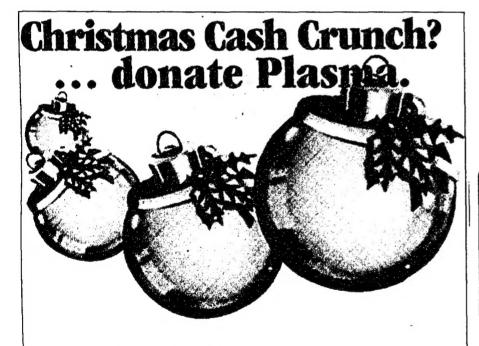
"I'm torn. I don't want it to be ruined. Yogi Berra said, 'You know that place where everybody used to go? Well, nobody goes there anymore. It's too crowded."

Corrections

A Dec. 9 story in the Gateway, "Misunderstanding Leads to Delays in Hess Case," contained a line saying DNA evidence was gathered from outside Arts and Sciences Hall. The evidence on Ms. Hess' person was gathered at Methodist Hospital.

In the same issue, the headline "NU to Cancel Classes on MLK Day" was misleading. As stated in the story, the NU Calendar Committee has agreed to review a proposal for establishing a system-wide holiday on that day. But there has been no official recommendation that such a holiday be recognized.

Finally, in the letters to the editor section of the Dec. 9 Gateway, the author's name was accidentally omitted from the letter titled "UNO Students Behave Poorly". The letter was submitted by Jason Grobeck.



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Critics Fear Court Decision Could Have Chilling Effect On Student Press

by Christine Tatum

A federal judge in Kentucky has ruled that college administrators are "entitled to exercise reasonable control" over the content of some campus publications. While the decision only directly impacts colleges and universities in the U.S. District Court circuit covering eastern Kentucky, critics fear it could lead to a crackdown on other campus publications by school officials nationwide. "This is going to have an effect on student media around the country," said Mark Goodman, executive director of the Student Press Law Center. "There's no way legitimate news coverage won't fall victim to this." The recent decision violates students' First Amendment rights, Goodman said. "[The judge] completely ignored that the Supreme Court has also said that col-

leges and universities are unique places where free expression should be protected," he said. Students at Kentucky State University made similar arguments after school offi-

cials refused to distribute their yearbook. Officials said they disliked the book because it didn't include the school's col-

ors or captions under several photographs, and failed to focus on university activities. "If you allow school officials to use colors and captions as justification for taking books off the shelf, think of how easy it'll be for them to censor what-

ever they want for whatever reasons they want," Goodman said. "If they want nothing more than a public relations sheet for the school, then they should be producing the year-

relations sheet for the school, then are deemed contributer school offithey should be producing the year-educational mission.

"The potential for our advisor to receive pressure

from people above her to take things out of the paper or make unnecessary changes is definitely there, and this case just makes their argument stronger."

book and not pretending it's a student publication." But Judge Joseph M. Hood said the university has a right to review the annual publication. In his decision, he cited the U.S. Supreme Court's 1988 ruling in Hazelwood School District v.

Kuhlmeier, which states school officials have the right to censor articles in the student newspaper that are deemed contrary to the school's educational mission. Generally re-

a s
"Hazelwood,"
the case and
the ruling remain at the
center of debate over stu-

dent expres-

sion in second-

ferred to today

ary schools. "...It was reasonable for the administration to want the yearbook to focus mainly on K.S.U.," Hood wrote. Student journalists at North Alabama University say they already fear their school's administrators will use Hood's decision to justify prior review of the campus newspaper. "They want our faculty advisor to look at all copy before it goes out the door," said Tyler Greer, managing editor of the "Flor-Ala. "The potential for our advisor to receive pressure from people above her to take things out of the paper or make unnecessary changes is definitely there, and this case just makes their argument stronger." School officials, however, said they do not plan on using the recent ruling as justfication for censorship of the campus paper. Instead, the adviser says she reviews the paper before it goes to press for grammar and spelling errors only. "No one here would stand for that," said Mary Jennings, faculty adviser for the "Flor-Ala."

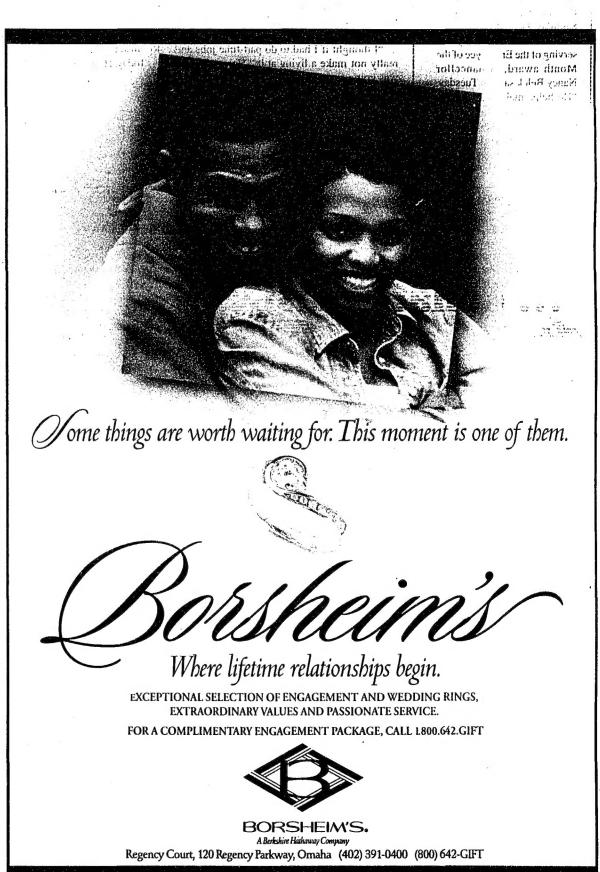
Lookin' Up



photo by Chad Greene

UNO cheerleader Lynn Schneider gazes up into the plastic eyes of the Maverick mascot at a recent home hockey game.





Gateway. Opinion

Barbie's Bustline Gets a Makeover

by Sean Guilfoyle

She's blond, busty, and beautiful. But, according to recent reports at Mattel Inc., she won't be for long. Yep. Barbie's going under the knife.

Since being first introduced to the world in 1959, Barbie has become a cultural icon to many girls, who have passed their dolls on to their children. Now, under pressure from many of the politically correct, the traditional doll will be changed.

What's the problem with the old Barbie? She was tall and luxurious, the envy of every school girl. She had the car. The Malibu beach house. The handsome boyfriend. This lightweight piece of plastic has sure caused quite a public stir.

I decided to check out the popularity of Barbie. I hopped on the Internet surfboard and checked it out. Much to my surprise, there were hundreds of Barbie sites, ranging from outlets to buy new and hard to obtain dolls, to those condemning everything that Barbie is about.

The latter site was of interest to me, so I decided to peruse. Somebody took the time to make a huge issue out of the negative social connotations that Barbie has on young girls and the "horrendous" impact that the doll has on "minds of mush." I was flabbergasted, to say the least. To think that a doll, such as Barbie, could potentially "scar" the upbringing of a child was quite humorous to me.

So Barbie, whose dimensions are 38-18-34, will now have a wider waist, slimmer hips and a smaller bustline. According to Jean McKenzie, who heads Mattel's Barbie division, "...she'll have a contemporary look that's more natural and today."

Earth to Mattel. Barbie is plastic. Barbie is fake. Barbie is makebelieve.

That is what makes the doll so intriguing. Little girls can imagine themselves in the beach house, driv-

ing the corvette, riding alongside Ken, and showing off that sculpted body. There is nothing damaging in that.

Who the hell wants to see a fatter Barbie, with large hips and small breasts? Hey, let's replace the beach house with a trailer, the corvette with a Pinto, and get rid of Ken altogether.

Why get rid of Ken? If we are going to be "more natural," let's ax the freeloading male doll. If we want our children to believe they can get by on just looks in this world, they have another thing coming (see cast of Baywatch). The freeloading, jobless, muscle-bound hunk has got to go.

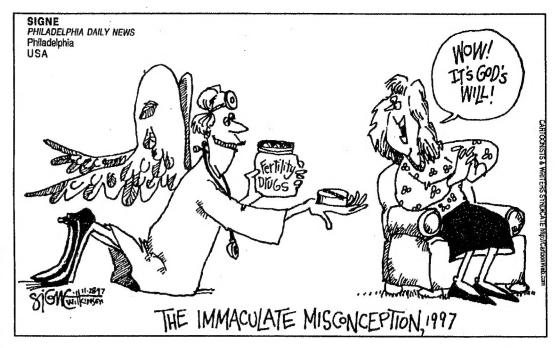
Let's add some accessories to the "new" Barbie if we are going to be "more natural." How about a comfy couch to watch soaps on, some "cheesy poofs" (sorry about the South Park reference) to snack on, and a remote control so she doesn't have to get off her recently enlarged ass? We could have "Pre-nuptial Barbie," complete with an agreement signed by Ken; "Out of Wedlock Barbie," who would come with two illegitimate children, etc.

Don't stop at Barbie. Let's take a look at Ken.

What about the "negative stereotype" that freeloader gives to young men? The huge biceps, the washboard stomach. If you're going to make Barbie more "realistic," let's do the same to her plastic buddy. Put a gut on that guy. Get him to come complete with a six-pack and a stack of sport magazines.

Barbie is an unrealistic standard of beauty? Please. If you think Barbie is the problem, try flipping through the channels on television. Or open a magazine.

Beauty is all around us, and is influencing the makeup of our society everywhere we turn. To try and make a piece of plastic, like Barbie, the scapegoat for the problem is silly



Reason's Greetings

By the middle of

the 19th century

Christmas has

become

domesticated —

much to the delight

of merchants who

do everything they

can to promote the

holiday.

by Ron A. Larsen

The Christmas season fast approaches! And you know what that means: Parties and debauchery; sprees and orgies; feasts and bedlam! Hooray!

What? You don't celebrate Christmas like that? Well I don't want to piss in your Christmas Wheaties, but you're doing it all wrong then. You're ignorant of the true Christmas story. You're unaware of how the early Christians coopted a perfectly good seasonal bacchanalia and tried to turn it into the sappy follydays we now call Christmas. Here's the story:

First, it's important to realize that, being non-Christians, two-thirds of the human race celebrates Christmas not at all. And while Christians consider the guy called Jesus to be the son of a god, others consider him merely a delusional, itinerant carpenter with a penchant for parlor tricks. Regardless, it's certain that the purported events of his alleged life closely parallel purported events in the alleged lives of

non-Christian deities such as Mithra, Marduk, Osiris, Attis, Krishna, Horus, Adonis, Quirinus, and others-all of whom antedate Jesus. Most of these "gods" supposedly were born of virgins, and/or performed so-called miracles, suffered crucifixions, and enjoyed alleged resurrections. Many of these pre-Christian sects' rites included baptism, communion, "holy" waters, Sabbaths, and so on. Accordingly, many scholars think it unlikely that a character named Jesus ever lived, or if he did, that most of his life-events were constructed postmortem by unimaginative followers who borrowed wholesale from the myths of these

aforementioned older "gods." Nevertheless, for the sake of argument, let's accept that a person named Jesus did at one time exist.

So let's travel back to the year five B.C., to ancient Rome around the time of the winter solstice—somewhere between December 20 and 25. We find a time of merriment and celebration. Feasting, drunken Romans revel in the festive atmosphere. Throngs of partying "pagans" festoon the streets. It's Saturnalia-a time to pay homage to the gods and to mark the winter solstice, when the sun, figuratively speaking, is born again as the days lengthen. We visit a temple and hear white-robed priests recite the story of Mithra, who returned from heaven as a savior to all humankind; how a star fell from the sky when he was born; how shepherds beheld his birth; how Zoroastrian priests called "Magi" followed the fallen star to worship him; and now they brought crowns of gold to the infant "King of Kings.'

We visit the Egyptian sector of the city and come upon a temple to Horus. Here priests recite his natal story—born on December 25, to a virgin in a stable, with Magi attending. The priests praise the miracles

Horus performed—walking on water, casting out demons, more. They tell how he was betrayed by one of his own, tried before an emperor, crucified to expiate the sins of humankind, and then resurrected.

In the streets of Rome, men and women drink, revel, and make love. Children receive gifts of rings, seals, and small toys.

Fast forward again, to the year 274 A.D. The Emperor Aurelian has decreed December 25—the Julian calendar's winter solstice date—as natalis solis invicti or—"birth of the invincible sun," to honor the sun god Mithras. At this time the still nascent Christian religion discovers itself in ruthless conflict with extant religions and sects. Its solution? The Church declares December 25 as the birth of the baby Jesus. Heretofore, the date of Jesus' birth was a matter of conjec-

ture. No one knew the man-god's natal date because the Judeo-Christian scriptures give no indication. The "gospels" don't even indicate the year, let alone the month and exact day. Early guesses as to the birth of Jesus ranged all over the calendar—from Clement's November 18, to Hippolytus' "on a Wednesday" guess, to the *De Pascha Computus*' guestimation of March 28.

By choosing December 25 as the birth of their man-god, the early Christians directly confront so-called pagan religions. This tactic also ensures the widespread observance of Jesus' supposed birth, as people are already accustomed to celebrations from mid-December through early January. And although the Romans become Chris-

tians, the Saturnalia remains.

In the streets of Rome, men and women still drink, revel, and make love. To children they give rings, seals, and small toys.

Fast forward again, to the Puritan New England of colonial America, where Christmas celebrations still reflect its "pagan" origins. Cotton Mather decries yuletide revelry as "an affront unto the grace of God." In England, the Anglican minister Henry Bourne whines that Christmas is but "a pretense for drunkenness and rioting and wantonness." [Yes!] The Puritans point out that Christmas is really just a "pagan" festival with a Christian veneer and flatly refuse to participate.

Push the button again, this time to America of the 1820s. By now, the English custom of the wassail has flowered. Drinking is the rule during the Christmas season and urban celebrations have become, to some, unacceptably boisterous and violent. It seems that Christmas was difficult to Christianize.

A group of Eastern patricians starts a campaign to

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Streets, Omaha NE 68162. Email: editor@gateway.unomaha.edu

see CHRISTMAS, page 5

NYC Is No. 1 Among Foreign Students

(UPI) NEW YORK

Most foreign students who want to study abroad head to New York City for college. The Institute of International Education reports that the Big Apple is the world capital for foreign students with nearly 26,000 studying in the city's five boroughs. There were an estimated 458,000 foreign enrollees nationwide.

According to the organization's annual report, the number of international students attending American colleges and universities increased 0.9 percent, continuing a seven-year trend of minimal growth. However, the number of Americans studying overseas is up 6 percent. The study finds that most foreign students come from Asia, particularly Japan, which sent more than 46,000 students. Europe also produced many America-bound scholars, most from Germany. Latin America

was third. And the young men and women seem to go west. California is the leading host state with more than 57,000 foreign students, followed by New York, Texas and Massachusetts.

The most popular schools among non-Americans are Boston University, New York University, the University of Southern California, University of Wisconsin-Madison and Columbia University.

Todd Davis, the institute's director of research, tells United Press International that the study was first conducted in 1954 because the institute "needed good, accurate information about where American students were going and where foreign students were coming from, as part of our post-war global outreach." The Institute of International Education is a non-profit international exchange and training organization. Its report is funded by the U.S. Information Agency.





Think Positive: Happy Thoughts Can Alter Attitudes

by Fred Tasker
Knight Ridder/Tribune News
Services

'Tis the season to be jolly. So stop whining and smile! Oh, you can, too. We're even here to help.

This year, instead of the usual soul-numbing dirge about how the holidays can depress you because they don't measure up to your childhood memories, and everything is too stressful, and it's all just commercial anyway, and your dysfunctional extended family is coming and all — we're going to hand you a gift bag of expert advice on how to cope. We're going to get you happy.

In fact, the first message is this: The nearuniversal belief that the holidays are depressing isn't even true.

"The idea that suicides go up around the holidays because people are somehow demoralized is a myth," says David Myers, a social psychologist at, appropriately, Hope College in Holland, Mich. "They actually go down a little.

One thing that predicts happiness is having close supportive relationships. Over the holidays, people tend to enjoy these relationships. For many, the holidays are a time of great joy."

Yeah, you grumble, but how can you get in on this alleged joy? Easy, says Myers. To be happy over the holidays — or any other time — just tell yourself you're going to be happy, then make yourself live up to it. "Happiness is less a matter of getting what we want

than wanting what we have," he says. "An attitude of gratitude rather than greed."

Myers is an expert. He scientifically sought the secrets to happiness by reviewing scores of past studies on the subject with University of Illinois psychologist Ed Diener. Happy people, the two concluded, have four common traits: high self-esteem, a feeling of personal control, a sense of optimism and an extroverted personality.

Whoa, you say: Maybe people aren't happy because they're proud, powerful, optimistic and extroverted — maybe they are all those things because they were already happy.

Doesn't matter. People who feign self-esteem, says Myers, soon begin feeling it. Those who pretend to be optimistic become so. So if you want to be happy, act happy. Even if you have to force yourself.

Coral Gables, Fla. psychologist Richard Hamilton agrees. "People become depressed when they isolate themselves from things that in the past have given them pleasure and joy. At holiday time they reminisce about missing their parents, the good times, even the bad times. They don't want to get out and do things."

A common-sense technique, then, is to get out of the house, even if you have to force yourself. Go where you've had positive ex-

see POSITIVE, page 6

25th Annual Calliam Pulliam Journalism Fellowships

Graduating college seniors are invited to apply for the 25th annual Pulliam Journalism Fellowships. Ten-week summer internships will be awarded to 20 journalism or liberal arts majors in the August 1997 to the June 1998 graduating classes.

Winners will receive a \$5,000 stipend and will work at either The seriest Indianapolis Star and The Indianapolis News or The Arizona Republic. Application postmark deadline is March 1, 1998.

For complete information, write: Russell B. Pulliam

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The Christmas Story

from CHRISTMAS, page 4

push Christmas from the streets and put it squarely on the family hearth. A Christmas poem called A Visit From St. Nicholas, by Clement Moore, becomes an instant, invented tradition concocted to appear old-fashioned. ewspapers begin to editorialize on the contentment of hearth and home during the Christmas season. St. Nick catches on. Gift giving to friends and loved ones becomes widespread. By the middle of the 19th century Christmas has become domesticated — much to the delight of merchants who do everything they can to promote the holiday. Revelry in the streets abates.

Today retailers have come to rely on Christmas sales for 50 percent of their yearly profits, totalling some 37 billion dollars per yuletide shopping season. But to truly celebrate Christmas one must remember its history and crinical purpose—to celebrate the winter solute and the changing of seasons. I propose we take Christmas back from the Christians. I propose that, in the streets of America, men and women drink, revel, and make love. And we can still give children rings, seals, and small toys. Reason's greetings...

Archive Department Keeps UNO's History Alive

by Wendy Townley

History: We learn from it, we are enriched by it. We are poorer for the loss of its artifacts, whether they are the treasures of Tutankamen or the sweaters of Mavericks past. But just who is the keeper of the coffer at UNO?

Welcome to the University of Nebraska at Omaha Archive Department.

Tucked into the east corner on the main floor of the UNO Library is a small room. Upon first inspection of this room, one would notice a desk, a few tables, and stacks upon stacks of books, newspapers, and aged movie reels. But a closer look at this chamber reveals much more.

According to Cynthia Taylor, library assistant II, the Archive Department began approximately 19 years ago, in 1978.

"Around this time, a small shoe box had been brought to the university by a faculty member. The information in that shoe box pertained to the university," Taylor said.

Since the archives deal with the history of the university, the Archive

Department takes almost an anything goes approach in collecting material. According to Taylor, "anything put out by any of the departments, any newsletters or correspondence (that) might be considered historical later is game for collection."

Some of the information and items located in the archives date from before the university was even established.

Some of the yearbooks are dated prior to the year the university was started in 1908. "We have yearbooks from the late 1800s from the first University of Nebraska at Omaha," Taylor said. "The first Bellevue University used to be called Omaha University so, we got some of

their old yearbooks. But really, this University got started officially in 1908 and held its first classes 1909."

University Archivist Les Valentine also works in the Archives Department. Valentine arrived on campus in 1972 as a student. He graduated from UNO with a bachelors and masters degree in History.

"I started working in the library in 1983 and then moved into the Archives Department in 1986. My background and interest in history

"Anything put out by any of the departments, any newsletters or correspondence (that) might be considered historical later is game for collection."

- Cynthia Taylor, library assistant II

helped me get this position," Valentine said.

Through his work in the University Archive Department, Valentine said that he "tries to acquire things from the past, as well as getting current information and artifacts."

Valentine believes in the importance of the work that is done in archives. "Without the Archive Department, these pieces of history would be lost."

Valentine said that he also works with the Alumni Association

The archives hoard a wealth of historical information about UNO. "We have received things such as letter sweaters and freshmen beanies from different alumni," Taylor said.

While the archives contain the more jovial aspects of past college years, this department also houses more mundane documents and information from several years past.

A portrait of UNO's first president, Daniel Jenkins, sits in the University Archives. Bound past issues of The Gateway also are stored in this slice of history, as well as minutes from the Board of Re-

gents meetings and Student Senate of the past.

Class schedules, catalogs, and news releases from University Relations over the years also can be found in the archive department. "The archives also have past phone directories and student directories," Taylor said.

Past photographs and boxes and boxes of negatives are also at the University Archive Department

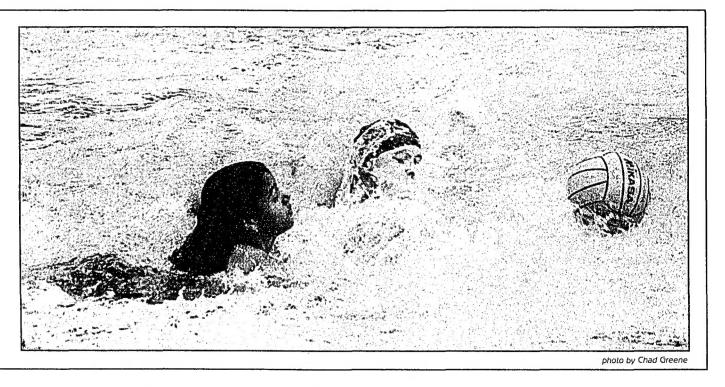
"We have quite a few things here," Taylor said.

The mission statement of the University Archives is "...to acquire, preserve, organize, and make accessible materials and information relating to the history of the University of Nebraska at Omaha."

"The accomplishments of people today need to be preserved," Valentine said. "People need to know later on who the individuals were who made this institution what it is and the Archive Department will have their work and accomplishments documented."

Come Back Here!

This ball is one slick customer, eluding the grasp of two frolicking members of the UNO swim team. Michelle Williams (foreground) and an unidentifie[®]d teammate both fight for the ball in the photo at right.



Happiness Can Be Practiced, Say Experts

from POSITIVE, page 5

periences in the past — to the... shopping center for window shopping, a movie with friends, call somebody up for lunch. Acting happy, you become happy.

"Motivation follows behavior instead of the other way around," Hamilton says. Especially during such hectic, stressful times as Thanksgiving, Hanukkah, Christmas and New Year's, Hamilton says, it's easy for people to see themselves as victims. This is bad. "You teach the patient that they have to own up to the responsibility for their own feelings," he says.

An ! important technique Hamilton uses is "thought-stopping."

"If you have negative thoughts, if you think that every holiday you have to go to your aunt's house, and she always destroys the turkey, and you have to eat that dried-up old

turkey, it can ruin a family gathering. "But you can say to yourself: 'Stop.' You can even picture a stop sign in your mind. Then you tell yourself to think about something more positive, something you have more control over. 'That happened then,' you can tell yourself, 'but it doesn't mean it will happen now."

If mere positive thoughts aren't strong enough to stop the negative ones, Hamilton has his patients get physical with themselves to the point of wearing a wide rubber band on one wrist, and giving themselves a smart snap with it when negative thoughts threaten to take over. "It's like a slap of reality."

Still, he warns, all these tips are for garden-variety, holiday-stress-induced blues. Deeper problems may require professional help through drugs or therapy. "We look at frequency, duration and magni-

tude," says Hamilton. "Everybody feels occasional sadness. But if it's ongoing, unabating for several weeks, it's not a good sign. If you're not just upset, but crying uncontrollably or severely withdrawn, it's not good."

Among the things that Myers and Diener found was that happiness doesn't lie where most people think it does. It doesn't depend on age Supposedly digst-ridden teens, midlife-crisis-middle-agers and the elderly are all about equally happy in repeated polls. It doesn't depend much on wealth, after basic needs are met. One study said happiness went up directly with yearly personal income only until total income reached about \$7,000 in 1990 dollars; then it stayed flat on the graph as income continued to rise. The very attractive are only a little happier than the unattractive. And marriage, contrary to popular thought, makes women as happy as it makes men.

One thing that does promote happiness, according to decades of nationwide Gallup Polls, is religion. People who pray daily, who are at the high end of Gallup's religion scale, are twice as likely to say they're happy.

Another way to get happy is to decide whether you're a pessimist now and, if you are, learn to be more optimistic. Psychologists Karen Reivich and Martin Seligman at the University of Pear and decade. To see if you're a pessimist, think about your "explanatory style"—the way you explain to yourself internally the daily hard knocks of life, Reivich says.

Say your boss chews you out over a botched project. A pessimist

will instantly have three bad thoughts: 1. It's all my fault; 2. It happens to everything I do; 3. I'll always be this way. "People with this style are at high risk for depression, failure, even physical problems," she says.

So, working in schools, colleges, corporate offices, Reivich and Seligman teach people to become more optimistic.

They teach people to step back, calm down and do a more objective assessment of their own worth. "If your boss doesn't like your project, instead of saying, "I blew it," ask yourself what an optimistic person would say. Like, 'I wasn't as well prepared as usual. I can do better.' And then find an alternative way to do the project."

One-fourth Of Women Studied Missed Pill

ANN ARBOR, Mich .-- A study of U.S. women who use birth control pills finds more than one-fourth failed to take the pill on two or more consecutive days, significantly increasing the risk of pregnancy.

Researchers blame "a lack of routine in daily life" for erratic pill-taking among the 103 women in Michigan and North Carolina monitored over a three-month

But they note that women who missed two pills in a row had intercourse twice as often as those who never

Referring to the first group lead researcher and University of Michigan Nursing Professor Deborah Oakley says, "The combination of two missed pills and more frequent intercourse elevated their risk considerably."

The 52 percent who took a pill every day had inter-

course an average 11 of the 90 days studied. But women who missed had intercourse an average 22 days.

The researchers say demographic and "psychosocial characteristics" did not affect the habits among the study group, who are a small sample of the 18 million American women who regularly use the pill.

Of the women studied, 27 percent missed two or more days in a row and continued to have sex without any other birth control methods. Eighteen percent abstained from sex when they missed the pill for two or more days, and 3 percent switched to other birth con-

The study was conducted by the University of Michigan and a private firm, Family Health International of North Carolina. The findings appear today in the latest issue of the journal Family Planning Perspectives.

from INSURANCE, page 1

estate, as well as interests in research and manufacturing firms.

"This whole thing started because of my concern that we in higher education need to maintain costs and find new sources of revenue to keep costs to the point where people can afford to go to college," Santoro said.

Tuition at the private university, which has campuses in Bristol and Providence, is about \$14,000 a year.

By turning over the after-tax profits of the insurance agency to the university, Santoro said, "maybe some students who can't afford to go to college will be able to."

Within a few years, Santoro said, he expects the insurance agency to produce \$500,000 a year in profits.

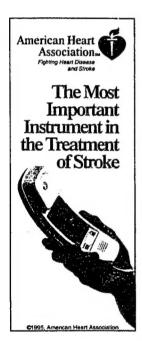
The insurance is not being sold at a discount, and the agency has to

have extensive investments in real cover its own expenses, such as staff and overhead. It is subject to the same taxes and regulations as other insurance agencies, university officials said.

> In January, the agency will ask the university's 600 employees to buy their automobile, homeowners' and business insurance from the

University employees can buy the insurance through payroll deduction.

Account executive Linda McCoy said that eventually, the insurance may be sold to students at the university. But initially, she said, it wouldn't be profitable to market the insurance to students, who aren't as stable a base of business as staff, faculty and alumni.



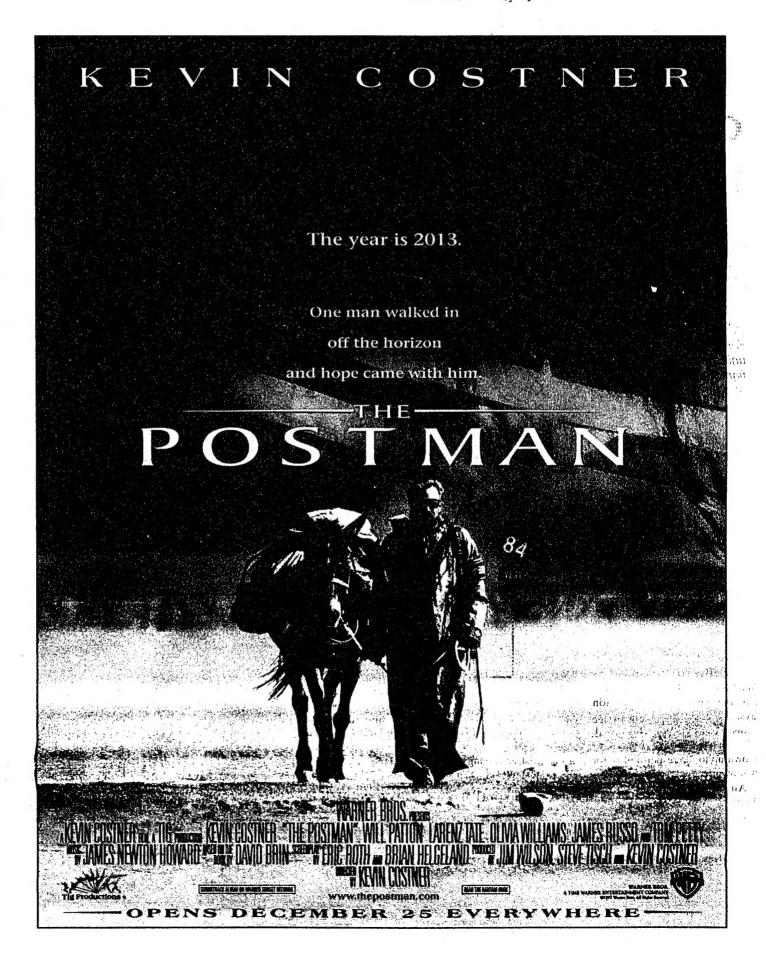
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University of Nebraska at Omaha SPORTS

Mav Basketballers Look to Continue Winning Ways

by Andy Nordmeier

The 5-3 May basketball team looks to run their current winning streak to three tonight against NAIA national No. 16 Mt. Marty college at 7 p.m. in the Sapp Fieldhouse.

The 6-2 Lancers are led by the Rops brothers, Mac and Brock. Mac Rops leads the team with an average of 18 points per game. Brock Rops is second with 15.1 points and 5.2 rebounds per game. The Lancers are fresh off of a 64-49 win over Augustana.

Tonight's game is the last nonconference tuneup before NCC play opens Dec. 20 and 21 with home games against Morningside and South Dakota.

"It's always important for team confidence," May head coach Kevin Lehman said about the early going. "We've had two overtime losses and a two-point loss."

The Mavs have been picked to finish seventh in the NCC this season by league-wide media. The votes for the Mavs ranged from third all the way down to last in conference. Defending league champion and national No. 6 South Dakota State (7-0) is the choice of the 22-member media panel. National No. 12 North Dakota State (6-0) was voted to finish second in the NCC. South Dakota and Mankato State are also undefeated.

"We want to contend for a conference title." Lehman said. He also noted how the media polls are a source of motivation the team.

Lehman also looks to give the school its first winning team since the 1991-92 season, but his goals are higher than that.

"To win, you need mental toughness and can't have a let down,"

Lehman said, "We need to take it to a new level of defense and improve our rebounding,".

Lehman also acknowledges the fact that senior leadership is key to the success of the team.

"Experience is important to have," Lehman said, "This could be the most important factor."

The team is taking steps in the right direction during their current five-game homestand. They have won the first two convincingly, including an 22 point win on Monday night.

The Mav basketball team had four players in double figures and posted win number five with an 86-64 triumph over the Spines of St. Mary (Kan.) in the Fieldhouse.

The team was led by Robert Wettstein who scored a game high 18 points and pulled down 10 rebounds. Robert Green also had a double-double as he hit for 14 points and 11 boards. Charles Box added 15 and Corey Griffin chipped in 10 to round out the four Mavs in double figures. The Mavs were without leading scorer Charles Thompson as he was in Miami for a funeral.

The reason for the success was hot field goal shooting. The Mavs connected on 21 of 35 (.600) in the first half and 35 for 59 (.593) overall. The Mavs also held a decisive advantage on the glass by out rebounding the Spines 42-27.

Defensively, the Mavs held the Spines to a .424 shooting percentage (28 of 66) and were helped by only committing 11 fouls that led to four points on free throws. The Spines outside attack faltered as they hit on 4 of 19 from behind the

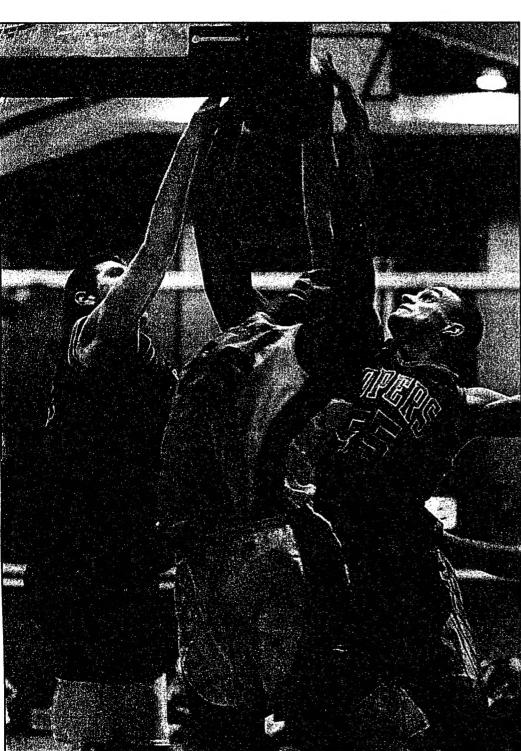
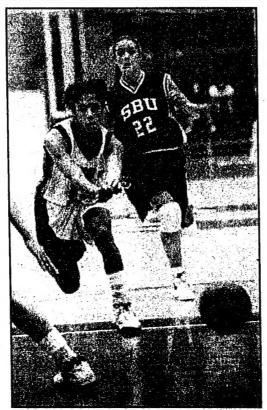


photo by Steve Houlton



Mav cager Charles Thompson (55, above) battles two Nebraska-Kearney Lopers for a rebound in a recent homegame. The Mavs are off to a 5-3 start this year.

The Lady Mavs have taken off to a 4-3 record this year. Lady Mav guard Beth Wilkinson, in white in photo at right, bounces a pass to a teammate.

Tonight's Starters
F 40 Bob Wettstein 6-6, So., Eureka,
Ill. (10.9 ppg, 7.6 rpg)
F 25 Corey Griffin 6-3, Jr., Kankakee,
Ill. (14.7 ppg, 4.4 rpg)
C 55 Charles Thompson 6-7 So.,
Miami, Fla. (15.3 ppg, 5.8 rpg)
G 23 Charles Box 6-1, Sr., Omaha,
Neb. (11.4 ppg, 3.0 rpg)
G 12 Danny McLarty 5-7, Sr.,
Rockton, Ill. (1.3 ppg, 1.4 rpg)

photo by Steve Houlton

Sidelines

Football All-Conference **Academic Team Announced**

May Football Players Tony Krois, Jeff Herdzina and Ben Titus were named to this year's Academic All-North Central Conference Grid Team.

A junior majoring in accounting, Krois, a receiver for the Mavs, has a 3.61 grade point average. Herdzina, a junior majoring in secondary education, posts a 3.35 grade point average and Titus, a junior business major, has a 3.26 GPA.

Honorable mention honors were given to Ed Thompson and Steve Gonzalez.

May Hockey

Single game tickets for the next three May home hockey games will go on sale Dec. 16 at 10 a.m. for the Dec. 19 and 20

games against Michigan Tech and the single Dec. 31 game against New Hampshire. To order tickets, call 554-MAVS or Ticketmaster at 422-1212.

May Wrestlers to **Close 1997** Saturday

The May Wrestlers will close the 1997 portion of their season in the University of Nebraska at Kearney Open Saturday in Kearney, beginning at 9 a.m.

With six Mavs ranked nationally, the Mays look for dominant stats at the competition's end. Braumon Creighton, 134, and heavyweight Jerry Corner are each ranked second, Boyce Voorhees, 142, is ranked fourth, Jose Medina, 190, is ranked sixth, Mack LaRock, 118, is seventh, and Chris Blair, 150, is ranked ninth. The Mays are ranked No. 4 in the recent NCAA Division II poll.



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Coalition On Donation

Club Sports Take Off at UNO

"Its somewhat of a

barbaric sport too. I feel

like everytime that I step

on to the field that I am

by Savonda Johnson

Have you ever wondered what it's like to play a sport that not only requires physical determination, but a love of the sport to stay involved?

Welcome to the world of club sports.

Two of UNO's club sports include rugby and cycling. Both teams have worked hard this past season to have great seasons. Their hard work and efforts have not gone unno-

Anthony Naikelis, a senior expert rider,

discussed the importance of training all year round. "There are different phases to training," said Naikelis. "Winter time consists of weight training and long slow distance miles. Early spring through summer more medium distance at higher pace.

stepping into the past 100 years." and rucing off the weekend. Less distance—somewhat of a barbaric sport too. I feel like more racusage higher intensity. In the spring 101 Eyerx time that I step on to the field that I am there is rould being as Fraining. Summer is supplying into the past 100 years."

mountain or roald The fall collegiate mountain bising season." The UNO cycling team has had one of the strongest mountain bike clubs in the region, proving this by winning regionals in '96 and '97. They finished first in the region in 97 and placed 13 out of approximately 70 teams

in the nation at the 1997 collegiate nationals.

Both men and women compete and their points go to an overall score.

The UNO men's rugby team has also had a successful season. The rugby team is ranked third in their union with their 4-5 record.

Coach Giff Elders, the UNO rugby team's coach for the past year and a half.

"Rugby lasts in Europe for about a year," said Elders. "Here we take a break in the nine month period."

The rugby team is in the middle of a fit-

ness program and will plan to start some ball handling in late January in order to prepare for their spring season.

Craig Cummings, a men's rugby player expressed what it is like to play rugby.

'Rugby is exhilarating, fun sport," said Cummings, "It's

Due to the success of the men's team, UNO hopes to start up a women's team as well.

We have had a lot of females express and interest," said Elders. "Lincoln has a pretty good team, and it would be great to have one

Anyone interested in cycling should call 392-2861. Anyone interested in rugby should call 391-1664.

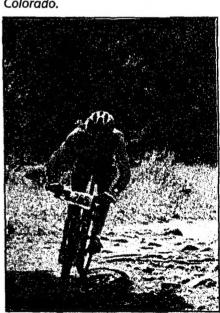


leff Rotherham, above, president of the UNO cycling club, maneuvers through the mud at a competition.

At left, the UNO rugby team competes at the Heart of America Tourney in Kansas City, Mo. The Mavs lost this match, but finished the season succesfully.

Below, Anthony Naikelis negotiates the treacherous terrain at the King of the Rockies race at Winterpark in Colorado.



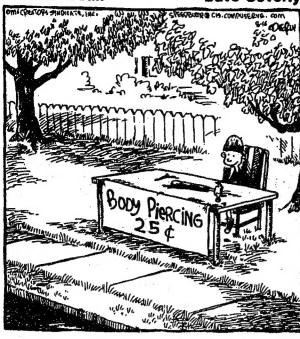


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FOLK/SOUL/POP



ALANA DAVIS Blame It On Me S11.88 CD

This is Alana Davis' Elektra debut and a remarkable collection that introduces a talent wise beyond her years! Drawing on influences as diverse as Stevie Wonder, Joni Mitchell and Charlie Parker, Alana's songs are smart, hip and soulful and they highlight her earthy, sensuous voice...

ALTERNATIVE ROCK



FOR AGAINST Shelf Life S11.88 CD

For Against, a trio from Lincoln, Nebraska, has persisted for more than a decade... Having previously released four LPs and an EP, "Shelf Life" may be the most striking moment yet in a long, hard-earned career. The versatility of this band has led them to fit in well with each new artistic scene.

ALTERNATIVE ROCK



GLITTERBOX

Tied and Tangled

So, imagine that the Flaming Lips, Radiohead, Henry Miller, U2, the Beatles, the Specials and Charles Bukowski were able to somehow conceive together... The misbegotten would be a dark and melancholy creature, yet also possess an exuberant, passionate and sensuous nature.

SMOOTH ECLECTIC POP



(Righ)

JAI Heaven S9.88 CD

Jai... steeped in the sweet soul music of Marvin Gaye yet attuned to the cutting-edge dynamics of Massive Attack and Portishead. He's got one foot in 60's-psychedelic-Fab-Four-style-britbop - the other dangling in the lush, wild-screen romanticism of "Breakfast At Tiffany's."

MELLOW R 'N B



NEXT Rated Next S11.88 CD

R.L., Tweety and T-Low are Next, and, this debut album showcases the trio's crisp, harmonious vocal styles. Their first single, "Butta Love," is a sexy, bass-thumping ballad. Other hit-bound tracks include uptempo "Penetration" with Naughty By Nature and the freaky "Next Experience" with Adina Howard.

EURO TRIP HOP POP



OLIVE Extra Virgin \$12.88 CD

Olive has become the toast of Great Britain with the success of the group's anthemic single, "You're Not Alone," which entered the UK charts at No. 1! This Northern England trio is Ruth-Ann Boyle, Robin Taylor-Firth and Tim Kellett (formerly of Simply Red) and offers up a cutting-edge, danceable sound!

MELLOW R'N B



SAM SALTER It's On Tonight **\$11.88 CD**

Listen to what heavyhitters say about Sam Salter: ...is a singer's singer... I'm not a fan, I'm a stalker!" - Toni Braxton "He has a style and talent that has long been missed in the music world. When I grow up, I want to sing like Sam!"

ALTERNATIVE ROCK



SPACE MONKEYS Daddy Of Them All

These days, British music fans are talking about Space Monkeys. This exciting English band offers a feverish mix of rock and hip-hop sure to make them a legend! They remain true to an original vision and style — throwing parties in lofts for people who want to mosh to infectious rock and house beats!

ALTERNATIVE ROCK



STEREOPHONICS Word Gets Around S12.88 CD

This is what's been said of these boyhood friends from a village in South Wales: "Mountain-top passion landing on your head like an avalanche!" and "Heaving with passion and soaring with power..." These guys have been honing a melodic rock sound since starting to play together in their early teens...

ALTERNATIVE ROCK



TRANSISTER

Transister **S9.88 CD**

This self-titled debut comes to you from various parts of the world — London (Keely Hawkes), Scotland (Gary Clark) and L.A. (Eric Pressly)... Their diverse backgrounds combined with a unique approach to songwriting make Transister a shining example of contemporary, hard-edged pop.



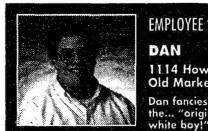
Sale prices effective December 12th, 1997, through January 8th, 1998



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Dan fancies himself

ALTERNATIVE ROCK



TREBLE CHARGER Maybe It's Me \$11.88 CD

Treble Charger is delivering its first major label release in "Maybe It's Me." The album features 13 lush. power-pop songs with colliding melodies and cascading guitar scales that move effortlessly. Among the highlights are "Red," "Ever She Flows," "Christ Is On The Lawn" and the first single, "Friend Of Mine."

PREVIEW THE LATEST IN JAZZ, BLUES, smooth R

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